

THE ST. TERESA BELL TOWER NEWSLETTER

Years ago St. Teresa Parish had a newsletter, titled "The Bell Tower". This is most appropriate, since the Church Tower Bells remind everyone in the area to pray and focus on God. This newsletter enables parish members to be aware of parish activities, deepen one's faith and grow together as God's people. In 2009 we celebrate our 93rd year as St. Teresa of Avila Parish. May God Bless Us and Future Generations!

March, 2010



Plenary Indulgence for the Year of the Priesthood from June, 2009 to June 11, 2010

Pictured are Carol Jones & Dick Fischer at our Shrine in Church to St. John Vianney, patron saint of priests. **Pope Benedict XVI has granted a Plenary Indulgence** for those, who (1) attend Mass on the 1st Thursday of the month, (2) pray for priests to Jesus our High Priest, (3) offer any other good work that day, (4) pray for the Pope's intentions and (5) attend Confession 7 days prior to or after attending the Mass. Thursday was designated, since it was on **Holy Thursday** that Jesus instituted the Eucharist. The remission of the temporal punishment due for sins is called an Indulgence. **The Church grants indulgences after the guilt of sin and its eternal punishment have been remitted by the Sacrament of Confession, Canon 911.** Indulgences are "plenary" or "partial". Plenary remits all of the temporal punishment; partial is when a part of this punishment is remitted.



During Lent please pray for adults in our R.C.I.A. program seeking Baptism and/or Confirmation on April 3 at the Easter Vigil: **Joe Owens, Jason Morgan, Paul Bryant, Mike Clark, Lisa Vaughn, Julie Roberts, Michael Roberts, Elizabeth Stitzel**

and **Kelly Louis**; Thank you to Deacon Gregg, Deacon Mike, and the R.C.I.A. Team for coordinating our program.

Any adults interested in learning about the Catholic Faith can contact Deacons Gregg or Mike at the Parish Office (921-9200).



The 2010 Lent Rice Bowls

Pictured are St. Teresa students: Jade, Patrick, Lucy, Max, Michael, Noah, Emily and Allie with Bowls encouraging everyone to use the Lenten Rice Bowls. Students will be using them in the School and P.S.R. classes to learn about other parts of the world and how we can help others, as Jesus tells us to do. Rice bowls and mission calendars are included in this newsletter. Extras are at the Church doors. Bring your Rice Bowl donations to Church on Palm Sunday, placing them on the altar rail as a gift to God.



Ash Wednesday, February 17 begins the Season of Lent. Our Mass schedule is 7:00am, 8:30am, 12:00 (noon), and 7:00pm. Ashes will be blessed and distributed after the homily at each mass. A collection will be taken for the rebuilding of churches in Russia and Eastern Europe, as many churches, schools, and seminaries were destroyed or damaged in the years of communist rule. During Lent, the Church directs us to observe special dietary laws as a communal act of penance with the Church throughout the world:

On Ash Wednesday and all the Fridays during Lent those fourteen years of age and older who are in good health are asked to abstain from eating meat (beef, pork, lamb, poultry, etc.). Fish, shrimp, crab, turtle, eggs, cheese, etc are not considered meat.

On Ash Wednesday and Good Friday adults between the age of 19 and 59 are asked to fast. Fasting is defined as eating only on regular sized meal during the day and no more than two small meals during the rest of the day. No other snacking should take place during the day. Water or beverages do not break the fast.

